

PERSONALITY QUESTIONNAIRE

NAME: _____ AGE _____ SEX _____

Please answer each question by putting a circle around the "YES" or the "NO" following the question. There are no right or wrong answers, and no trick questions. Work quickly and do not think too long about the exact meaning of the question.

PLEASE REMEMBER TO ANSWER EACH QUESTION

- | | | |
|--|-----|----|
| 1. Do you have many different hobbies?----- | Yes | No |
| 2. Do you stop to think things over before doing anything?----- | Yes | No |
| 3. Does your mood often go up and down?----- | Yes | No |
| 4. Have you ever taken the praise for something you knew someone else had really done?----- | Yes | No |
| 5. Are you a talkative person?----- | Yes | No |
| 6. Would being in debt worry you?----- | Yes | No |
| 7. Do you ever feel "just miserable" for no reason?----- | Yes | No |
| 8. Were you ever greedy by helping yourself to more than your share of anything?----- | Yes | No |
| 9. Do you lock up your house carefully at night?----- | Yes | No |
| 10. Are you rather lively?----- | Yes | No |
| 11. Would it upset you a lot to see a child or an animal suffer?----- | Yes | No |
| 12. Do you often worry about things you should not have done or said?----- | Yes | No |
| 13. If you say you will do something, do you always keep your promise no matter how inconvenient it might be?----- | Yes | No |
| 14. Would you enjoy parachute jumping?----- | Yes | No |
| 15. Can you usually let yourself go and enjoy yourself at a lively party?----- | Yes | No |
| 16. Are you an irritable person?----- | Yes | No |
| 17. Have you ever blamed someone for doing something you knew was really your fault?----- | Yes | No |
| 18. Do you enjoy meeting new people?----- | Yes | No |
| 19. Do you believe insurance schemes are a good idea?----- | Yes | No |
| 20. Are your feelings easily hurt?----- | Yes | No |
| 21. Are <u>all</u> your habits good and desirable ones?----- | Yes | No |
| 22. Do you tend to keep in the background on social occasions?----- | Yes | No |
| 23. Would you take drugs which may have strange or dangerous effects?----- | Yes | No |
| 24. Do you often feel "fed-up"?----- | Yes | No |
| 25. Have you ever taken anything (even a pin or button) that belongs to someone else?----- | Yes | No |
| 26. Do you like going out a lot?----- | Yes | No |
| 27. Do you enjoy hurting people you love?----- | Yes | No |
| 28. Are you often troubled about feelings of guilt?----- | Yes | No |
| 29. Do you sometimes talk about things you know nothing about?----- | Yes | No |
| 30. Do you prefer reading to meeting people?----- | Yes | No |
| 31. Do you have enemies who want to harm you?----- | Yes | No |
| 32. Would you call yourself a nervous person?----- | Yes | No |
| 33. Do you always say you are sorry when you have been rude?----- | Yes | No |
| 34. Do you have many friends?----- | Yes | No |
| 35. Do you enjoy practical jokes that can sometimes really hurt people?----- | Yes | No |
| 36. Are you a worrier?----- | Yes | No |
| 37. As a child did you do as you were told immediately and without grumbling?--- | Yes | No |

38. Would you call yourself happy-go-lucky?-----	Yes	No
39. Do good manners and cleanliness matter much to you?-----	Yes	No
40. Do you worry about awful things that might happen?-----	Yes	No
41. Have you ever broken or lost something belonging to someone else?-----	Yes	No
42. Do you usually take the initiative in making new friends?-----	Yes	No
43. Can you easily understand the way people feel when they tell you their troubles?-----	Yes	No
44. Would you call yourself tense or "highly-strung"?-----	Yes	No
45. Do you throw waste paper on the floor when there is no waste paper basket handy?-----	Yes	No
46. Are you mostly quiet when you are with other people?-----	Yes	No
47. Do you think marriage is old-fashioned and should be done away with?-----	Yes	No
48. Do you feel self-pity now and again?-----	Yes	No
49. Do you sometimes boast a little?-----	Yes	No
50. Can you easily get some life into a rather dull party?-----	Yes	No
51. Do people who drive carefully annoy you?-----	Yes	No
52. Do you worry about your health?-----	Yes	No
53. Have you ever said anything bad or nasty about anyone?-----	Yes	No
54. Do you like telling jokes and funny stories to your friends?-----	Yes	No
55. Do most things taste the same to you?-----	Yes	No
56. Do you sometimes sulk?-----	Yes	No
57. As a child were you ever cheeky to your parents?-----	Yes	No
58. Do you like mixing with people?-----	Yes	No
59. Does it worry you if you know there are mistakes in your work?-----	Yes	No
60. Do you suffer from sleeplessness?-----	Yes	No
61. Do you always wash before a meal?-----	Yes	No
62. Do you nearly always have a "ready answer" when people talk to you?-----	Yes	No
63. Do you like to arrive at appointments in plenty of time?-----	Yes	No
64. Have you often felt listless and tired for no reason?-----	Yes	No
65. Have you ever cheated at a game?-----	Yes	No
66. Do you like doing things in which you have to act quickly?-----	Yes	No
67. Is (or was) your mother a good woman?-----	Yes	No
68. Do you often feel life is very dull?-----	Yes	No
69. Have you ever taken advantage of someone?-----	Yes	No
70. Do you often take on more activities than you have time for?-----	Yes	No
71. Are there several people who keep trying to avoid you?-----	Yes	No
72. Do you worry a lot about your looks?-----	Yes	No
73. Are you always polite even to unpleasant people?-----	Yes	No
74. Do you think people spend too much time safeguarding their future with savings and insurances?-----	Yes	No
75. Have you ever wished that you were dead?-----	Yes	No
76. Would you dodge paying taxes if you were sure you could never be found out?-----	Yes	No
77. Can you get a party going?-----	Yes	No
78. Do you try not to be rude to people?-----	Yes	No
79. Do you worry too long after an embarrassing experience?-----	Yes	No
80. Have you ever insisted on having your own way?-----	Yes	No
81. When you catch a train do you often arrive at the last minute?-----	Yes	No
82. Do you suffer from "nerves"?-----	Yes	No
83. Have you ever deliberately said something to hurt someone's feelings?-----	Yes	No
84. Do you hate being with a crowd who play harmless jokes on one another?-----	Yes	No
85. Do your friendships break up easily without it being your fault?-----	Yes	No

- | | | |
|--|-----|----|
| 86. Do you often feel lonely?----- | Yes | No |
| 87. Do you always practice what you preach?----- | Yes | No |
| 88. Do you sometimes like teasing animals?----- | Yes | No |
| 89. Are you easily hurt when people find fault with you or the work you do?----- | Yes | No |
| 90. Would life with no danger in it be too dull for you?----- | Yes | No |
| 91. Have you ever been late for an appointment or work?----- | Yes | No |
| 92. Do you like plenty of bustle and excitement around you?----- | Yes | No |
| 93. Would you like other people to be afraid of you?----- | Yes | No |
| 94. Are you sometimes bubbling over with energy and sometimes very sluggish?-- | Yes | No |
| 95. Do you sometimes put off until tomorrow what you ought to do today?----- | Yes | No |
| 96. Do other people think of you as being very lively?----- | Yes | No |
| 97. Do people tell you a lot of lies?----- | Yes | No |
| 98. Are you touchy about some things?----- | Yes | No |
| 99. Are you always willing to admit it when you have made a mistake?----- | Yes | No |
| 100. Would you feel very sorry for an animal caught in a trap?----- | Yes | No |
| 101. Did you mind filling in this form?----- | Yes | No |
- PLEASE CHECK TO SEE THAT YOU HAVE ANSWERED ALL THE QUESTIONS

NAME _____

DATE _____

DIRECTIONS: People differ in the way they act and think in different situations. For each statement below mark an X in the appropriate circle to the right to indicate how the statement applies to you. Do not spend too much time on any statement. Answer quickly and honestly.

	RARELY/NEVER	OCCASIONALLY	OFTEN	USUALLY
1. I like excitement-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. I answer quickly-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. I am restrained-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. I like to watch fires-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. I write neatly-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. I am free and spontaneous-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. I am careful-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. I am restless at lectures-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. I eat slowly-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. I buy things which I don't need-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11. I like new situations-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12. I like variety in my work-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13. I like to read-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14. I shout at people-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15. I speak slowly and deliberately-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16. I like mathematics-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17. I am a calm thinker-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18. I like detailed work-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19. I like competition-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20. I walk and move fast-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
21. I say what I feel like saying-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
22. I am easily bored-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
23. I throw things or bang doors-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
24. I say things which I later regret-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
25. My hands shake when doing fine tasks-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
26. I am easily distracted-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
27. I like to take chances-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
28. I act on impulse-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
29. I complete what I start-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
30. I am serious-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
31. I am enthusiastic-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
32. I concentrate easily-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
33. I take dares just for fun-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
34. I am carefree-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
35. I like risky situations-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
36. I take chances-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
37. I am patient-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38. I let myself "go" at a party-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
39. I liven up dull parties-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
40. I like golfing-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	RARELY/NEVER	OCCASIONALLY	OFTEN	USUALLY
41. I make friends easily-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
42. I am happy-go-lucky-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
43. I like complex problems-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
44. I think before I act-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
45. I like simple approaches to life-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
46. I change my plans-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
47. I am a good listener-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
48. I am impulsive-----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>